

# Rejoice in the Lord:

Prayer and Fasting Week: August 11-15th

## **Overview:**

This week of prayer and fasting consider praying at various intervals during the day such as 9am and noon (or what works for your schedule). In addition, we will have corporate prayer moments in the evenings at 6pm in the sanctuary (Wednesday will be word and worship at 7pm). We also encourage you to fast this week based on your dietary restrictions. If possible, fast at least 1 meal and consider other areas of your life from which you need to fast. Remember, we are setting aside this time in order to connect with Jesus.

## **Central Theme: Joy**

Biblical joy is the God-given gladness of heart that comes from knowing, trusting, and delighting in God and His promises, regardless of circumstances.

## **Monday August 11th**

**Theme: His joy for us enabled us to enjoy Him**

Scripture: **Hebrews 12:2 CSB, Romans 8:38-39**

**2** keeping our eyes on Jesus, the pioneer and perfecter of our faith. For the joy that lay before him, he endured the cross, despising the shame, and sat down at the right hand of the throne of God.

**38** For I am persuaded that neither death nor life, nor angels nor rulers, nor things present nor things to come, nor powers, **39** nor height nor depth, nor any other created thing will be able to separate us from the love of God that is in Christ Jesus our Lord.

## **Potential Intercession Points:**

1. Pray for greater gospel revelation
2. Pray to embrace even more the truth of God's love for his people

## **Tuesday August 12th**

**Theme: The joy of the Lord is our strength**

Scripture: **Nehemiah 8:10; Isaiah 12:2-3**

**10** Then he said to them, “Go and eat what is rich, drink what is sweet, and send portions to those who have nothing prepared, since today is holy to our Lord. Do not grieve, because the joy of the LORD is your strength.”

Indeed, God is my salvation; I will trust him and not be afraid, for the LORD, the LORD himself, is my strength and my song. He has become my salvation.” **3** You will joyfully draw water from the springs of salvation,

### **Potential Intercession Points**

1. Pray for a fresh filling of the Spirit
2. Pray for a return to our first love

Wednesday August 13th

### **Theme: Joy through God's word**

Scripture: **Jeremiah 15:16**

Your words were found, and I ate them.  
Your words became a delight to me  
and the joy of my heart,  
for I bear your name,  
LORD God of Armies.

### **Potential Intercession Points**

1. Pray for delight in God's word
2. Pray for fresh revelation from His word

Thursday August 14th

### **Theme: Rejoice through the trials of life**

Scripture: **James 1:2-3**

**2** Consider it a great joy, my brothers and sisters, whenever you experience various trials, **3** because you know that the testing of your faith produces endurance.

### **Potential Intercession Points**

1. Pray for individuals to persevere through sufferings
2. Pray for healing and deliverance

Friday August 15th

## **Theme: Rejoice in the Communion of the Saints**

Scripture: **Romans 12:15, Acts 2:42**

**15** Rejoice with those who rejoice; weep with those who weep.

**42** They devoted themselves to the apostles' teaching, to the fellowship, to the breaking of bread, and to prayer. **43** Everyone was filled with awe, and many wonders and signs were being performed through the apostles. **44** Now all the believers were together and held all things in common. **45** They sold their possessions and property and distributed the proceeds to all, as any had need. **46** Every day they devoted themselves to meeting together in the temple, and broke bread from house to house. They ate their food with joyful and sincere hearts, **47** praising God and enjoying the favor of all the people. Every day the Lord added to their number<sup>[a]</sup> those who were being saved.

### **Potential Intercession Points**

1. Pray for unity and fellowship among the saints; an increase in hospitality
2. Pray for those struggling to connect and build community to find their place in the family of God.

### **Schedule Format for Sanctuary Prayer**

**Prayer times: 6-7pm Monday, Tuesday, Thursday and Friday**

**Wednesday - Word and Worship: 7-830pm**

- Prayer Lead: TBD
- As the prayer lead you can help with opening and transitions; You can use the narrative in the prayer and fasting guide to help set the evening. Discern the leading of the Spirit if you need to pivot as far as how the flow goes for the night. Encourage intercession as needed
- Sanctuary 6-7:15pm
  - 1st Hour (Sanctuary)
    - 1st part - 20 minutes can be reflection
    - 2nd part - 20 minutes prayer from Scripture (corporate prayer with mic)
    - Final 20 minutes - Spirit Lead prayer (corporate prayer with mic)